Dear Parents,

# I’m hoping to do some fun activities using food/candy items this year. Please read the ingredients below. For each item your child may have, please initial on the line next to the item. (If your child does not like a particular item, but is permitted to have the item, please initial on the line, so we may still use the item in class.) Please sign at the bottom of the page. Thank you! ☺ Susan Wendling

# Apples - initials:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Cap'N Crunch Cereal, Christmas Crunch - initials:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Ingredients- Corn Flour, Sugar, Oat Flour, Brown Sugar, Coconut Oil, Salt, Sodium Citrate, Whey, Natural and Artificial Flavors, Strawberry Juice Concentrate, Malic Acid, Yellow 5, Niacinamide (One of the B Vitamins), Reduced Iron, Zinc Oxide, Red 40, Yellow 6, Thiamin Mononitrate (One of the B Vitamins), Pyridoxine Hydrochloride (One of the B Vitamins), BHT (a Preservative), Blue 1, Riboflavin (One of the B Vitamins), Folic Acid (One of the B Vitamins).

# Conversation Hearts (Sweetarts)- initials:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Ingredients - Dextrose, Corn Syrup, Hydrogenated Coconut Oil, Malic Acid, Maltodextrin, and Less than 2% of Calcium Stearate, Egg Albumen, Artificial Flavors, Mono- and Diglycerides, Blue 1 Lake, Blue 2 Lake, Red 40 Lake, Yellow 5 Lake.

# Colored Goldfish crackers - initials:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## INGREDIENTS -Cheddar Cheese, Spice Mix -We use paprika, spices and dehydrated onions as flavorings in the dough. Salt, Enriched Wheat Flour, Paprika, Turmeric, Annatto, Red Beet Concentrate, Watermelon and Huito, Yeast – in combination with leavening agents. We use Baking Soda as well as Monocalcium Phosphate and Ammonium Bicarbonate to help the crackers rise in the oven. Sugar is also required to activate the yeast.

# Lucky Charms - initials:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

#### Ingredients -Whole Grain Oats, Marshmallows (sugar, modified corn starch, corn syrup, dextrose, gelatin, calcium carbonate, yellows 5 & 6, blue 1, red 40, artificial flavor), Sugar, Oat Flour, Corn Syrup, Corn Starch, Salt, Trisodium Phosphate, Color Added, Natural and Artificial Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness.

# Marshmallows- initials:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# https://tse1.mm.bing.net/th?id=OIP.geuIIQVYCiD9O-vuVFOZCAHaE8&pid=15.1&P=0&w=244&h=163Ingredients: corn syrup, sugar, dextrose, modified food starch (corn), water, gelatin, natural and artificial flavor, tetrasodium pyrophosphate, blue 1.

# Continued on back

# Hershey Kisses - initials:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Ingredients – milk chocolate, cane sugar, chocolate, cocoa butter, milk fat, lecithin (soy); natural flavor.

# https://tse3.mm.bing.net/th?id=OIP.CGnP18qsPBecgRqWGjisFwHaHn&pid=15.1&P=0&w=300&h=300

# Skittles- initials:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Ingredients - SUGAR, GLUCOSE SYRUP, HYDROGENATED VEGETABLE FAT, FOOD ACIDS (330, 331), APPLE JUICE CONCENTRATE (0.6%), THICKENERS (DEXTRIN, MALTODEXTRIN), FLAVOUR, MODIFIED CORN STARCH, COLOURS (171, 129, 102, 110, 132, 133), VEGETABLE FAT, GLAZING AGENT (903), EMULSIFIER (322, FROM SOY)

# M&Ms- initials:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

#### Ingredients- MILK CHOCOLATE (SUGAR, CHOCOLATE, SKIM MILK, COCOA BUTTER, LACTOSE, MILKFAT, SOY LECITHIN, SALT, ARTIFICIAL FLAVOR), SUGAR, CORNSTARCH, LESS THAN 1% - CORN SYRUP, DEXTRIN, COLORING (INCLUDES BLUE 1 LAKE, YELLOW 6, RED 40, YELLOW 5, BLUE 1, RED 40 LAKE, BLUE 2 LAKE, YELLOW 6 LAKE, BLUE 2), GUM ACACIA. CONTAINS MILK AND SOY. MAY CONTAIN PEANUTS.

# Freeze Pops- initials:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Water, High Fructose Corn Syrup, Maltodextrin,Contains 2% Or Less Of The Follwing: Fruit JuiceFrom Concentrate(Apple, Pear), Natural AndArtificial Flavors, Pectin, Citric Acid (For Tartines),Sodium Citrate, Sodium Benzoate And PotassiumSorbate(To Preserve Freshness), Red 40,  Yellow5,Yellow6, Blue1.

# Fortune Cookies-initials:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Enriched wheat flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), sugar, water, soy lecithin, soybean oil and hydrogenated soybean oil, corn starch, salt, natural & artificial vanilla flavor.

# I give permission for my child \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to use and eat the items listed above.

# Parent signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_